



Nutritional Information

Allergens

	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Peanuts	Tree Nuts	Milk	Eggs	Fish / Shellfish	Soy	Wheat	Sulphites	Mustard
Pistachio	5oz	120	1,5	1	0	5	100	24	3	20	4	10	0	20	0			✓						
Pomegranate	5oz	90	0	0	0	0	75	22	4	7	4	10	0	20	0			✓						
Red Raspberry	5oz	90	0	0	0	0	75	22	4	7	4	10	0	20	0			✓						
Red Velvet	5oz	140	1,5	1	0	5	100	26	3	22	4	10	0	20	0			✓						
Root Beer	5oz	90	0	0	0	0	75	22	4	7	4	10	0	20	0			✓						
Salted Caramel	5oz	140	1,5	1	0	5	100	26	3	22	4	10	0	20	0			✓						
Snickerdoodle	5oz	140	1,5	1	0	5	100	26	3	22	4	10	0	20	0			✓						
Strawberry Cheesecake	5oz	90	0	0	0	0	75	24	4	7	4	10	0	20	0			✓						
Tiramisu	5oz	90	0	0	0	0	75	24	4	7	4	10	0	20	0			✓						
Tutti Frutti	5oz	90	0	0	0	0	75	24	4	7	4	10	0	20	0			✓						
Watermelon Cooler	5oz	90	0	0	0	0	75	24	4	7	4	10	0	20	0			✓						
White Chocolate	5oz	90	0	0	0	0	75	24	4	7	4	10	0	20	0			✓						
White Chocolate Macadamia	5oz	90	0	0	0	0	75	22	4	7	4	10	0	20	0			✓						
Yellow Cake Batter	5oz	90	0	0	0	0	75	22	4	7	4	10	0	20	0			✓						

The nutrition information listed here was generated with Genesis SQL and is based on standard recipes and formulations. Variation may occur due to, among other things, differences in products assembly and preparation at the restaurant level, differences in suppliers, ingredient substitution, recipe revision or season of the year. MTY Tiki Ming Enterprises Inc. and its employees do not assume any responsibility for any variation in the actual nutritional content of the products offered in its outlets and the nutritional information listed here.



	Description	Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fatty Acid (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Iron
Topping		Information On Daily Values Is Based on FDA Guidelines																					
Almonds	1/2 oz scoop	11.0	65.0	52.1	5.8	0.1	0.6	0.0	0.0	0.0	0.0	22.5	0.0	2.2	0.0	1.0	0.0	0.6	2.2	0.0	0.0	0.0	0.0
Banana	1/2 banana	0.5	52.5	1.8	0.2	0.0	0.1	0.0	0.0	0.0	0.0	0.6	0.0	13.5	0.0	1.5	0.1	7.2	0.6	0.0	0.0	0.1	0.0
Blackberries	1/2 oz scoop	19.7	9.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.8	0.0	2.2	0.0	1.1	0.0	1.1	0.3	0.0	0.0	0.0	0.0
Blueberries	1/2 oz scoop	15.0	7.4	1.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.8	0.0	0.4	0.0	1.4	0.1	0.0	0.0	0.0	0.0
Brownie	1/4 Brownie	12.3	50.4	21.0	2.3	0.0	0.4	0.0	0.0	8.6	0.0	34.4	0.0	7.0	0.0	0.1	0.0	5.2	0.5	0.0	0.0	0.0	0.0
Butterfinger Pieces	1/2 oz scoop	14.4	66.1	24.5	2.7	0.0	1.4	0.1	0.0	0.0	0.0	33.1	0.0	10.5	0.0	0.3	0.0	6.6	0.8	0.0	0.0	0.0	0.0
Caramel Topping	1/2 oz scoop	17.0	53.3	3.1	0.3	0.0	0.1	0.0	0.0	0.2	0.0	78.7	0.0	12.6	0.0	0.0	0.0	7.1	0.4	0.0	0.0	0.0	0.0
Cheesecake Topping	1/2 oz scoop	13.3	52.0	29.3	3.3	0.1	1.9	0.1	0.1	15.4	0.1	48.0	0.0	4.9	0.0	0.1	0.0	3.3	0.9	0.0	0.1	0.0	0.0
Cherries	1/2 oz scoop	5.8	7.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.2	0.0	0.0	0.0	2.2	0.0	0.0	0.0	0.0	0.0
Cherry Topping	1/2 oz scoop	10.2	11.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.7	0.0	2.6	0.0	0.1	0.0	2.1	0.0	0.0	0.0	0.0	0.0
Chocolate (Sugar Free, Fat Free) Topping	1/2 oz scoop	17.9	45.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.5	0.0	11.0	0.0	0.0	0.0	9.2	0.5	0.0	0.0	0.0	0.0
Chocolate Chips - Milk	1/2 oz scoop	15.5	82.9	41.4	4.6	0.1	2.9	0.1	0.0	3.6	0.0	12.2	0.0	9.2	0.0	0.5	0.0	8.0	1.2	0.0	0.0	0.0	0.0
Chocolate Chips - NSA	1/2 oz scoop	14.0	65.0	39.7	4.4	0.1	2.6	0.1	0.0	3.2	0.0	13.5	0.0	7.2	0.0	0.6	0.0	2.2	1.5	0.0	0.0	0.0	0.0
Chocolate Syrup	1/2 oz scoop	18.0	46.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	11.5	0.0	11.1	0.0	0.0	0.0	9.2	0.5	0.0	0.0	0.0	0.0
Coconut (Local Purchase)	1/2 oz scoop	6.0	32.0	16.2	1.8	0.0	0.0	0.0	0.0	0.0	0.0	14.0	0.0	3.2	0.0	0.8	0.0	2.4	0.5	0.0	0.0	0.0	0.0
Cone Dip - Waffle Cone	1/2 oz scoop	17.0	53.3	3.1	0.3	0.0	0.1	0.0	0.0	0.2	0.0	78.7	0.0	12.6	0.0	0.0	0.0	7.1	0.5	0.0	0.0	0.0	0.0
Cone Dip (Kava)	1/2 oz scoop	17.0	113.9	87.2	9.7	0.1	7.0	0.3	0.0	0.0	0.0	0.0	0.0	6.6	0.0	0.5	0.0	6.1	0.5	0.0	0.0	0.0	0.0
Cones - Cake Cones	1 cone	5.0	20.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	15.0	0.0	4.0	0.0	0.0	0.0	0.0	0.5	0.0	0.0	0.0	0.0
Cones - Sugar Cones	1 cone	13.0	50.0	4.5	0.5	0.0	0.0	0.0	0.0	0.0	0.0	55.0	0.0	10.0	0.0	0.0	0.0	4.0	0.5	0.0	0.0	0.0	0.0
Cones - Waffle Cone Junior	1 cone	18.3	60.0	4.5	0.5	0.0	0.0	0.0	0.0	0.0	0.0	20.0	0.0	12.0	0.0	0.0	0.0	4.0	0.5	0.0	0.0	0.0	0.0
Cones - Waffle Cone Large	1 cone	26.0	110.0	18.0	2.0	0.0	0.5	0.0	0.0	3.0	0.0	40.0	0.0	22.0	0.1	0.0	0.0	9.0	0.5	0.0	0.0	0.0	0.0
Cones - Waffle Cones Store Made	1 cone	30.0	70.0	20.0	2.5	0.0	1.5	0.1	0.0	20.0	0.1	110.0	0.0	12.0	0.0	0.0	0.0	5.0	0.5	0.0	0.0	0.0	0.0
Cookie - Chocolate Cookie (One Cookie)	1 cookie	56.0	251.4	251.4	108.8	1.7	4.5	0.2	0.0	1.1	0.0	150.4	0.1	38.8	0.1	0.9	0.0	22.1	0.5	0.0	0.0	0.0	0.1
Cookie Dough Topping	1/2 oz scoop	12.9	55.6	19.9	2.2	0.0	0.6	0.0	0.0	0.0	0.0	20.3	0.0	8.4	0.0	0.1	0.0	0.0	0.5	0.0	0.0	0.0	0.0
Fudge Sticks	2 sticks	9.7	50.2	24.1	2.7	0.0	1.5	0.1	0.7	0.0	0.0	10.0	0.0	6.4	0.0	0.0	0.0	5.0	0.5	0.0	0.0	0.0	0.0
Graham Crackers (Local Purchase)	1/2 oz scoop	3.8	17.2	4.4	0.5	0.0	0.1	0.0	0.0	0.0	0.0	18.4	0.0	2.8	0.0	0.1	0.0	0.9	0.5	0.0	0.0	0.0	0.0
Granola (Local Purchase)	1/2 oz scoop	9.2	35.9	6.1	0.7	0.0	0.1	0.0	0.0	0.0	0.0	26.8	0.0	7.2	0.0	0.6	0.0	0.0	0.5	0.0	0.0	0.0	0.0
Gummy Bears	1/2 oz scoop	17.2	68.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	7.6	0.0	17.0	0.1	0.0	0.0	10.1	0.5	0.0	0.0	0.0	0.0
Heath Pieces	1/2 oz scoop	12.9	68.4	35.3	3.9	0.1	2.0	0.1	0.0	2.5	0.0	31.6	0.0	8.2	0.0	0.3	0.0	7.7	0.5	0.0	0.0	0.0	0.0
Hot Fudge Topping	1/2 oz scoop	25.0	91.4	36.5	4.1	0.1	0.6	0.0	0.0	0.1	0.0	49.7	0.0	12.9	0.0	0.2	0.0	11.3	0.5	0.0	0.0	0.0	0.0
M&Ms Mini and Regular	1/2 oz scoop	17.9	88.1	34.0	3.8	0.1	2.3	0.1	0.0	2.5	0.0	10.9	0.0	12.7	0.0	0.4	0.0	11.4	0.5	0.0	0.0	0.0	0.0

Mangos	1/2 oz scoop	15.0	9.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.6	0.0	0.3	0.0	2.3	0.5	0.0	0.0	0.1	0.0
Marshmallow Topping	1/2 oz scoop	17.9	47.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	12.3	0.0	11.9	0.0	0.0	0.0	9.8	0.5	0.0	0.0	0.0	0.0
Marshmallows (Local Purchase)	1/2 oz scoop	4.8	16.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	0.0	3.8	0.0	0.0	0.0	3.2	0.5	0.0	0.0	0.0	0.0
Mixed Nuts (Local Purchase)	1/2 oz scoop	10.5	170.0	135.0	15.0	0.2	2.0	0.1	0.0	0.0	0.0	110.0	0.0	5.0	0.0	2.0	0.1	1.0	0.5	0.0	0.0	0.0	0.1
Oreo Pieces	1/2 oz scoop	10.0	47.4	18.8	2.1	0.0	0.4	0.0	0.0	0.0	0.0	0.0	0.0	7.1	0.0	0.0	0.0	4.0	0.5	0.0	0.0	0.0	0.0
Peaches-Diced	1/2 oz scoop	21.8	13.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.7	0.0	3.5	0.0	0.2	0.0	3.3	0.5	0.0	0.0	0.1	0.0
Peanut Butter Chips	1/2 oz scoop	14.0	74.7	33.6	3.7	0.1	3.7	0.2	0.0	0.0	0.0	32.7	0.0	6.5	0.0	0.0	0.0	5.6	2.8	0.0	0.0	0.0	0.0
Peanut Butter Topping	1/2 oz scoop	15.7	106.4	85.2	9.5	0.1	1.6	0.1	0.0	0.0	0.0	77.5	0.0	3.6	0.0	0.5	0.0	2.2	2.1	0.0	0.0	0.0	0.0
Pecans	1/2 oz scoop	10.3	71.2	66.7	7.4	0.1	0.6	0.0	0.0	0.0	0.0	0.0	0.0	1.4	0.0	1.0	0.0	0.4	0.9	0.0	0.0	0.0	0.0
Pineapple Chunks	1/2 oz scoop	16.5	5.3	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.0	1.4	0.0	0.1	0.0	1.2	0.1	0.0	0.0	0.0	0.0
Raspberries - Red	1/2 oz scoop	20.2	9.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	2.0	0.0	0.5	0.0	1.0	0.3	0.0	0.0	0.1	0.0
Reese's Peanut Butter Cups	1/2 oz scoop	13.7	73.1	32.9	3.7	0.1	3.7	0.2	0.0	0.0	0.0	32.0	0.0	6.4	0.0	0.0	0.0	5.5	2.7	0.0	0.0	0.0	0.0
Reese's Pieces Mini and Regular	1/2 oz scoop	15.1	79.1	42.1	4.7	0.1	1.6	0.1	0.0	0.0	0.0	53.9	0.0	8.6	0.0	0.4	0.0	7.2	1.8	0.0	0.0	0.0	0.0
Snickers Pieces	1/2 oz scoop	11.3	53.7	24.3	2.7	0.0	1.0	0.1	0.0	1.5	0.0	27.8	0.0	6.8	0.0	0.3	0.0	5.7	0.9	0.0	0.0	0.0	0.0
Sprinkles - Rainbow	1/2 oz scoop	13.7	12.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2.9	0.0	0.0	0.0	2.9	0.0	0.0	0.0	0.0	0.0
Sprinkles- Chocolate	1/2 oz scoop	13.7	63.9	24.7	2.7	0.0	1.8	0.1	0.0	4.6	0.0	9.1	0.0	9.1	0.0	0.0	0.0	0.0	0.9	0.0	0.0	0.0	0.0
Strawberries	1/2 oz scoop	23.6	8.3	1.5	0.2	0.0	0.0	0.0	0.0	0.0	0.0	0.8	0.0	2.2	0.0	0.3	0.0	1.5	0.2	0.0	0.0	0.1	0.0
Walnuts in Syrup Topping	1/2 oz scoop	27.0	127.5	60.8	6.8	0.1	0.8	0.0	0.0	0.0	0.0	0.0	0.0	15.0	0.1	0.0	0.0	9.8	1.5	0.0	0.0	0.0	0.0
Whipped Topping	1/2 oz scoop	6.0	18.2	14.8	1.6	0.0	1.6	0.1	0.0	0.0	0.0	1.4	0.0	0.8	0.0	0.0	0.0	0.8	0.0	0.0	0.0	0.0	0.0
Yellow Cake	1/2 piece	7.5	27.8	10.8	1.2	0.0	0.3	0.0	0.0	0.0	3.4	0.0	35.3	0.0	4.1	0.0	0.0	0.0	2.1	0.4	0.0	0.0	0.0

Information for local purchase toppings may vary based on location